

2023

# CARDIABCON

*Expanding Horizons in Cardiology, Diabetes & Renal Diseases*

12<sup>th</sup> Annual National Conference

03<sup>rd</sup> - 05<sup>th</sup>

MARCH

2023



Place :  
**TENT CITY**  
Varanasi

**12 MCI Credit Hrs**



Organized by:

**Cardiabcon Society Varanasi**

Educational Partner :

**Panacea Institute of Interdisciplinary Research & Education  
Varanasi**







## **Dr. Martha Gulati**

MD, MS, FACC, FAHA, FASPC, FESC  
Consultant Cardiologist at Cedars-Sinai Heart Institute, USA  
Associate Director of the Barbra Streisand Women's Heart Center  
President-Elect of the American Society for Preventive Cardiology.



## **Dr. Pierre Sabouret**

Interventional Cardiologist  
Asso. Professor in Institute of Cardiology, University of Paris .  
President of CNCF.  
Associate Editor at Minerva Cardio-Angiology + Archives Med.Science



## **Dr. A.B.M. Kamrul Hasan**

MBBS, MD (Endocrinology & Metabolism)  
Assistant Professor, Department of Endocrinology  
Mymensingh Medical College & Hospital  
Mymensingh, Bangladesh. Post Code: 2206  
Joint Secretary, Executive Committee, Bangladesh Endocrine Society



## **Ricardo Correa**

MD, EdD, FACP, FACE, FAPCR, FACMQ, CMQ  
Visiting Professor of Medicine, University of Panama. Panama  
Instructor of Medicine, University of Miami-Miller School of Medicine  
Assistant Professor, Biostatistics. School of Medicine and Psychology.  
Latina University. Panama  
Assistant Professor, Epidemiology. School of Medicine.  
University of Science and Technology (ULACIT). Panama.



## **Dr. Vinaytosh Mishra**

CEO, Treasurer, Cardiabcon Society, India  
Associate Professor , Gulf Medical University , UAE  
Domain Expert for Healthcare Technology: Al Habtoor Bikal.ai, Sharjah , UAE  
B-Tech (ECE) , IIT (BHU),Varanasi, India  
MBA-IMNU-Ahmedabad, India  
PhD (Healthcare Management), IIT (BHU),Varanasi,India



## **Dr. Ankur Kalra**

MD, FACP, FACC, FSCAI  
Associate Professor of Medicine, Cleveland Clinic Lerner College of Medicine  
Staff Interventional Cardiologist  
Section of Invasive and Interventional Cardiology  
Medical Director of Clinical Research  
Section of Regional Cardiovascular Medicine  
Heart, Vascular, and Thoracic Institute, Cleveland Clinic, Ohio



## **Dr. Nisha Nigil Haroon**

Associate Professor at Northern Ontario School of Medicine  
Etobicoke, Ontario, Canada



# CARDIABCON

*Expanding Horizons in Cardiology, Diabetes & Renal Diseases*

TM  
2023

On behalf of Organizing Committee of Cardiabcon Society, it gives us immense pleasure to welcome you all to the "CARDIABCON-2023" 12<sup>th</sup> Annual National Conference on the 03<sup>rd</sup> to 05<sup>th</sup> March 2023 at TENT CITY, Varanasi. We are privileged and honored to have a galaxy of eminent and distinguished luminaries as our guest faculty. These experts of national repute will throw new light on common problems and newer modalities of treatment protocols. We look forward to your valuable presence and active participation and inputs.



**Organising Secretary & Secretary General**

## **Dr. Ashutosh Mishra**

MD (Medicine) IMS BHU  
Fellowship in Diabetes, DFID (CMC Vellore)  
M.Sc Endocrinology, University of South Wales, UK  
Consultant Diabetologist & Endocrinologist  
Panacea Hospital, Varanasi  
Asso. Prof. PIIRE, Varanasi



**Organising Chairman**

## **Dr. Pallavi Mishra**

MD (Medicine) KGMU  
M.Sc Cardiology, University of South Wales, UK  
Consultant Diabeto- Cardiologist  
Panacea Hospital, Varanasi  
Asso. Prof. PIIRE, Varanasi



**CEO & Treasurer**

## **Dr. Vinaytosh Mishra**

CEO, Treasurer, Cardiabcon Society, India  
Associate Professor, Gulf Medical University, UAE  
Domain Expert for Healthcare Technology:  
AI Habtoor Bikal.ai, Sharjah, UAE  
B-Tech (ECE), IIT (BHU), Varanasi, India  
MBA-IMNU-Ahmedabad, India  
PhD (Healthcare Management), IIT (BHU), Varanasi, India



## Chief Mentor



**Prof. Dr. Anoop Misra**  
Executive Chairman, C-DOC  
Director, National Diabetes Obesity  
and Cholesterol Foundation (NDOC)  
President, Diabetes Foundation (India)



**Prof. Dr. J.K. Agrawal**  
MD, DM (Endocrinology)  
FAMS, Ex. Prof. Dept. of Endocrine, IMS BHU



**Prof. Dr. K.K. Tripathi**  
Padma Shri Awardee  
MD (Medicine), DM (Nephrology)  
Ex. HOD, Dept. of Medicine, IMS BHU



**Prof. Dr. R.C. Ahojia**  
MD (Medicine)  
Ex. HOD, Dept. of Medicine  
KGMU, Lucknow



**Prof. Dr. Sarita Bajaj**  
MD (Medicine), DM (Endocrinology, AIIMS)  
FRCP (London, Glasgow, Edinburgh)  
Consultant Endocrinologist  
Former Director-Professor and Head, Dept. of Medicine  
MLN Medical College, Prayagraj

## Mentor



**Dr. Aloke Kumar Gupta**  
MD, FICP  
Head Diabetes Education & Research  
Center, Gorakhpur



**Dr. Ritesh Gupta**  
MD, Director, Fortis C-DOC  
Centre of Excellence for Diabetes,  
Metabolic Diseases and Endocrinology, New Delhi.



**Dr. Narsingh Verma**  
MD, FRCP (London), FRCP (Edinburgh) FACP (USA),  
Prof. & Head Dept. of Physiology  
King George's Medical University Lucknow



**Dr. Anuj Maheshwari**  
MD, FICP, FIACM, FIMSA, FRSSDI, FACP,  
Prof. & Head Dept. of Medicine, BED University, Lucknow



**Dr. Banshi Saboo**  
MD, DNB, PhD  
Consultant Endocrinologist  
Ahmedabad.

## Program Director



**Dr. J. P. Ojha**  
MD, DM (Nephrology)  
Ex.Prof. Dept. of Nephrology, IMS, BHU



**Dr. Jasjeet S. Wasir**  
Associate Director  
Division of Endocrinology & Diabetes  
Medanta, The Medicity



**Dr. Dilip Kumar**  
MD, DM, FRCP (GLASG),  
Director, Cath Lab Services  
Medica Superspecialty Hospital, Kolkata



**Dr. Vinod Mittal**  
M.D., F.R.S.S.D., I.F.I.C., P.F.  
Sr. Consultant Diabetologist & Head  
Centre for Diabetes and Metabolic Diseases, Delhi



**Dr. Abhijeet Chatterjee**  
MD, DM (Cardiology)  
Interventional Cardiologist, Kolkata



**Dr. Pramila Kalra**  
MD, DM, FACE (USA), MAMS, FRCP (Edinburgh)  
Prof. & Head, M. S. Ramaiah Medical College  
Bangalore

## Regional Coordinator



**Dr. V. K. Jaganya**  
M.B.B.S., Dip. Card, Dip. Diabetes (UK)  
Consultant Cardiologist & Diabetologist, Ranchi



**Dr. Smitha Bhat**  
MD, DNB, MRCP (UK), FRCP (Edin)  
Professor of Medicine & Consultant Physician  
Father Muller Medical College, Mangalore



**Prof. Hemant Gopal**  
MD, Fellowship Rheumatology (UK)  
Prof. Diabetology, Metabolic Diseases & Immunology,  
Adesh Institute of Medical Sciences (AIMSR), Bhatinda



**Dr. Ravikanth**  
MD, Asso. Prof. Dept. of Medicine  
AIIMS, Rishikesh



**Dr. Subhash Kumar**  
MD, M.Sc (Diabetes)  
Head, Diabetes & Obesity Center, Patna



**Chief Advisor**

**Dr. Ajay Kr.Pandey**

MD, DM(Cardiology)

**Dr. D.K.Sinha**

MD, DM (Nephrology)

**Dr. P.K.Rai**

MD, DM(Nephrology)

**Program Coordinator:**

Dr. R.N.Bajpaye  
Dr. Vikash Agrawal  
Dr. S.N.Rai  
Dr. Aashis Jaiswal  
Dr. Prabhakar Shukla  
Dr. Deepak Gautam  
Dr. Amit Bhaskar  
Dr. Mahendra Kr. Jaiswal  
Dr. B.K.Singh  
Dr. Ritesh Kr. Yadav

**Convener**

Dr. Rajiv Kumar Gupta  
Dr. V.P. Singh  
Dr. Vivekanad Gupta  
Dr. B. Niyogi  
Dr. Arun Kr. Pandey  
Dr. Jigyashu Singh  
Dr. Jitendra Singh  
Dr. R.K. Trivedi  
Dr. V.K. Srivastava  
Dr. Vikash Bhatnagar  
Dr. Ashok Sharma

**Co-Convener**

Dr. Nihal Tiwari  
Dr. Ankit Tiwari  
Dr. Puja Rakshit  
Dr. R. Singh  
Dr. A. Saxena  
Dr. Umesh pandey  
Dr. Sanjay Pandey  
Dr. Satyendra Singh  
Dr. Harshit Jain  
Dr. S.K. Dixit  
Dr. Pradeep Jain

**Scientific Secretary**  
**Dr. Ashutosh Mishra**

**Management Advisor**  
**Mr. Pranav Mishra**

**Project Manager**  
**Mr. P.K. Sinha**

**Program Coordinator:**

Dr. Ashish Kumar Gupta  
Mrs. Sharanya Ojha  
Dr. Sneha Gupta  
Dr. R. S. Gandhi  
Dr. Nidhi Singh  
Dr. Tusharika Rai  
Dr. Vandana Singh  
Dr. Ankit Soni  
Dr. Deepak Rai  
Dr. Shilpi Rai  
Dr. Roshani Chakraborty  
Dr. Radheshyam Ojha  
Dr. Sandhya Ojha  
Dr. Rahul Kr. Tiwari  
Dr. Urvashi Ojha  
Dr. Namrta Dikshit

**Activation Team**

Mr. Rakesh Kumar Chauhan  
Mr. Barun Kr. Pandey  
Mr. Neeraj Mishra  
Mr. Rahul Kumar  
Mr. Alok Kr. Upadhyay  
Mr. Shubham Pathak  
Mr. Shivam Sahni  
Ms. Shristi Raj  
Ms. Shamia Parveen  
Mr. Umesh Yadav  
Mr. Atmaram Mishra  
Mr. Anand Kr. Mourya  
Ms. Renoo  
Ms. Kajal Jaiswal  
Ms. Khusboo Patel  
Mr. Nitin Kumar Yadav  
Mr. Ranjan Tiwari  
Mr. Brajesh Patel

**Conference Secretariat :**

B-34/131, K-8-C, Gayatri Nagar, Sukulpura, Varanasi

[www.cardiabcon.com](http://www.cardiabcon.com)

E-mail : [cardiabcon2017@gmail.com](mailto:cardiabcon2017@gmail.com)

Helpline : +91-9554572190, 9453837595



**Scientific Program ( Day 1: Friday, 3<sup>rd</sup> March 2023)**

**Session 1(9.00 AM-10.30 AM)**

1. Medical Management of Obesity. **Dr. Nisha Nigil Haroon, Canada**
2. Role of Glycemic Variability in Diabetes Complication. **Dr. Ajoy Kr. Tewari, Lucknow**
3. Future Changes in Diabetes Treatment. **Dr. N.K. Singh, Dhanbad**
4. Inflammation as CVD Accelerator: Is Atherosclerosis is Different in Different Arthritis? **Dr. Hemant Gopal, Bhatinda**

**Session 2(10.30 AM-11.50 AM)**

1. Inequalities in Obesity, Adrenal Incidentaloma with focus on Mild Autonomous Secretion and Treatment that affect Glucose. **Ricardo Correa, USA**
2. Newer Frontiers in Management of Erectile Dysfunction in 2023. **Prof. Dr. Deepak Jumani, Mumbai**
3. Early Detection of Diabetic Nephropathy in Type 2 Diabetes Mellitus. **Dr. Ashish Parekh, Bangalore**
4. De-Escalation of Anti Platelet Therapy in Patients with Coronary Artery Diseases. Time to change our Strategy? **Dr. Pierre Sabouret, Paris**

**Tea Break(10 Min)**

**Session 3(12.00 PM-01.20 PM)**

1. Losing Weight is Beneficial in Primary Prevention of CVD, but may be Harmful in Secondary Prevention of CVD: How to Resolve this Obesity Paradox? **Dr. Supratik Bhattacharyya, Kolkata**
2. Protein Manifestations of Insulin Resistance or Low Carb Diets in Diabetes - Funda or Fad? **Dr. Jayashree Gopal, Chennai**
3. Inflammation as a Target for Treatment of Diabetes Kidney Disease. **Mathew John, Trivendram**
4. Vinculin Phosphate and NETs: A New Therapeutic Target for Atherosclerosis. **Dr. V.K. Jagnani, Ranchi**

**Lunch Break(1.30 PM-2.30 PM)**

**Session 4(02.30 PM-03.50 PM)**

1. Diabetes foot Management: Recent Advancement **Dr. V. K. Dhandhanian, Ranchi**
2. Mechanisms of Current Therapeutic Strategies for Heart Failure: More Question than Answer? **Dr. Alok Singh, Varanasi**
3. The Hare or Tortoise/Sparrow or Owl: Physical Activities Intensity & Time and its Translation into Clinical Practice. **Dr. Amit Bhaskar**

**Oration(03.50 PM-4.50PM)**

**Prof. Dr. K.K. Tripathi Oration**

Newer Frontiers in Diabetes Management. **Dr. Ajay Chabra, Ranchi**

**Prof. Dr. Nihal Thomas Oration**

The "Kg-A1c" Paradox- Vellore Viewpoints" **Dr. Nitin Kapoor, CMC, Vellore**

**Session 4(4.50 PM-05.30 PM)**

1. How the Treatment Strategy of CVD is different in Diabetes and Non Diabetic Patients? **Dr. Ravikant**
2. Continuous Glucose Monitoring System (CGMS)" Empowerment for a Sweet Life" **Dr. Chavi Kohli, New Delhi**
2. Which Strategy for Weight Loss is Better: Alternate Day Fasting, the 5:2 Diet and Time Restricted Eating? **Dr. Rekha Gupta, Varanasi.**

**Industries Sponsored Session (5.30 PM-6.30 PM)**

**Scientific Program ( Day 2: Saturday, 4<sup>th</sup> March 2023)**

**Session 1(9.00 AM-10.20 AM)**

1. SGLT-2i and Acute Coronary Events in Diabetes. **Dr. Ankur Kalra, USA**
2. Imeglimin : Novel agent in T2DM Armamentarium. **Dr. Alankar Tiwari, Varanasi**
3. Exercise in Type 1 DM. **Dr. S. Mukherjee, Samastipur**
4. Use of LLM based Chatbots in Cardio Diabetes Education Challenges and Opportunities.  
**Dr. Vinaytosh Mishra, Dubai**

**Session 2(10.20 AM-11.40 AM)**

1. TIR: Concept, Nomenclature and Clinical Implication. **Dr. Alope Kr. Gupta, Gorakhpur**
2. Thyroid and Diabetes. **Dr. Sunil Kr. Kota, Bhubneshwar**
3. How to Control Residual Cholesterol Risk & Residual Inflammation Risk in CVD? **Dr. Subhash Kumar, Patna**
4. FGF-23 & Klotho Axis in Cardio Renal Diseases. **Dr. Deepak Gautam, Varanasi**

**Tea Break(20 Min)**

**Session 3(12.00 PM-01.20 PM)**

1. Diabetes and Neurodegeneration: MOCA/MMSE/CFT and role of GLP-1 RA. **Dr. Smitha Bhat, Mangalore**
2. Vitamin D & Diabetes. **Dr. Arvind Jagdish, Bangalore**
3. An Approach to Young Hypertension and Recent Updates in Primary and Secondary Aldosteronism.  
**Dr. Pramila Kalra, Bangalore**

**Lunch Break(1.30 PM-2.30 PM)**

**Oration(02.30 PM-3.10PM)**

**Prof. Dr. Sarita Bajaj Oration**

Role of GLP-1 RA in Obesity. **Dr. Jasjeet S. Wasir, New Delhi**

**Prof. Dr. J.K. Agrawal Oration**

Emerging Role of SGLT-2i in Diabetic CVD: Focusing on Immunity, Inflammation & Metabolism.

**Dr. Vinod Mittal, New Delhi**

**Session 4(03.10 PM-03.50 PM)**

1. Expanding role of SGLT 2i: NFLD, Hyperkalemia, PCOD, Retinopathy, and Hypertension.  
**Prof. Dr. K.K. Tripathi, Varanasi**
2. Arterial stiffness: An Early Risk Marker for Cardio Vascular Diseases. **Dr. Sandeep Rai, Mumbai**

**Session 5(03.50 PM-05.20 PM)**

1. Worsening Heart Failure: Nomenclature, Epidemiology and Future Direction of Management.  
**Dr. Abhijeet Chatterjee, Kolkata**
2. Heart Failure Therapy : Novel Strategies for Initiation and Titration (Rapid Initiation Therapy Vs Cluster Based Initiation Vs Adjacent Initiation Strategy). **Dr. D. Jain, Varanasi**
3. Treatment Options in Advance Heart Failure. **Dr. Dilip Kumar, Kolkata**
4. First Ever Guideline for Chest Pain: Listen from Expert. **Dr. Martha Gulati, USA**

**Industries Sponsored Session (5.30 PM-6.30 PM)**



**Scientific Program ( Day 3: Sunday, 5<sup>th</sup> March 2023)**

**Session 1(9.00 AM-10.20 AM)**

1. Diabetes & Male fertility. **Dr. A. B. M. Kamrul Hasan, Bangladesh**
2. A Bit of Diabetes Technology. **Dr. Bhaskar Ganguly, Lucknow**
3. Agonist GIP or Antagonist GIP and GLP-1RA: Role of AMG-133 Terazopeptide, for Substantial Weight Loss? **Dr. Abhishek Pandey, Bangalore**
4. DIABESITY in Women. **Dr. Brij Mohan, Kanpur**

**Session 2(10.20 AM-12.10 AM)**

1. Ketosis-Prone Diabetes - The Remission Prone Diabetes: A Case Based Perspective. **Dr. Vinod Abichandani, Ahmedabad**
2. Mental Health in Diabetes. **Dr. Bijay Patni, Kolkata**
3. NAFLD and CVD: A call to action. **Dr. Sarita Bajaj, Prayagraj**
4. Pre-Diabetes and its Cardiovascular Risk. **Dr. Rahul Baxi, Mumbai**

**Tea Break(20 Min)**

**Oration(12.30 PM-01.20 PM)**

**Prof. Dr. Anoop Misra Oration**

Albuminuric to Non- Albuminuric Diabetic Nephropathy- Paradigm Shift **Prof. Dr. Sidhartha Das, Cuttack**

**Prof. Dr. R.C.Ahooja Oration**

Gut Microbiota: Implications in Cardio-Metabolic Diseases. **Dr. Ashutosh Mishra, Varanasi**

**Lunch Break(1.30 PM-2.30 PM)**

**Session 4(02.30 PM-03.50 PM)**

1. How to Define the ASCVD Risk Prediction and Temporal Trends: Role of ASCVD Risk Enhancer, GDF-15 and Polygenic Risk Score. **Dr. Akash Kr. N Singh**
2. Factor XI Inhibitor: Cardiovascular Prospective. **Dr. Jimit Vadgama**
3. Dietary Fats in Diabetes and cardio vascular Diseases: Good or Bad? **Dr. Ujjwala Baxi, Mumbai**

**Session 5(03.50 PM-05.10 PM)**

1. Anti Thrombotic Therapy in Older Adults with Type 2 Diabetes and CVD. Is There a Need to Stratify the Patient? **Dr. Saumik Ghosh, Varanasi**
2. Evolving Management Paradigm for Stable Ischemic Heart Diseases Patients. **Dr. Pallavi Mishra, Varanasi**
3. Ectopic Fat & Fat Attenuated Index in Diabetes and IHD. **Dr. Dhiraj Kishore, Varanasi**

**Felicitation Ceremony (5.30 PM-6.30 PM)**