



**Invites You for**  
**UTTARAKHAND**  
**CARDIABCON**  
**CHAPTER**  
**2020**

**In Association**  
**with Cardio-Diabetic Society**



**30 August**

**FREE**  
**REGISTRATION**

**Dr. Ashutosh Mishra**  
**National, Secretary,**  
**CARDIABCON Society**

It is a matter of great pleasure to share that Uttarakhand chapter of Cardiabcon, “Uttarakhand Cardiabcon” is hosting its Annual Conference on August 30th, 2020 under the aegis of its present parent society, “Cardiabcon”.

The program shall be enriched with various academic activities and paper presentations by JR, SR, and Ph.D. Scholars as well as thought-provoking lectures by renowned faculty.

Your active participation as Faculty/delegate is generously solicited and please encourage your subordinates SR, JR, and Ph.D scholars presenting their work on this platform.

The scientific agenda is enclosed along with.

**Dr. Ravi Kant**  
**Organising Secretary**  
**Uttarakhand Chapter**

# Mentor



**Prof. Anoop Mishra**  
President, National Diabetes  
obesity & Cholesterol  
Foundation (N-DOC)  
Fortis C-DOC,  
Chirag Enclave



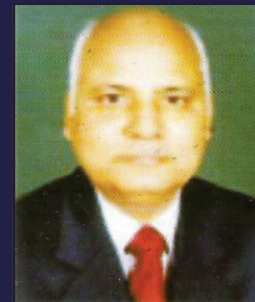
**Prof. J.K. Agrawal**  
MD, DM (Endocrinology)  
FAMS, Ex. Prof. IMS BHU



**Dr Sarita Bajaj**  
MD (Medicine), DM (Endo.)  
Head Dept. of Medicine  
MLN Medical College, Allahabad



**Prof. R.C. Ahooja**  
MD (Medicine)  
Ex. Head Dept. of Medicine  
KGMU, Lucknow



**Prof. K.K. Tripathi**  
MD. DM (Nephro) IMS, BHU  
Ex. HOD Medical, Dept.  
IMS, BHU

## Organising Chairman



**Dr. Pallavi Mishra**  
MBBS, MD (Med).  
Consultant Diabeto-Cardiologist, Panacea Hospital  
Women Cardiologist, Panacea Hospital  
Asst. Prof. PIIRE, Varanasi  
Member, European Society of Cardiology  
Member, European Society of Heart Failure

## Organising Secretary



**Dr. Ashutosh Mishra**  
MBBS, MD (Med.) IMS, BHU  
Diabetologist and Endocrinologist  
Fellowship in Diabetes (DFID) CMC Vellore  
Ex. HSSR SGPGI Lucknow  
Asst. Prof. PIIRE, Varanasi  
Member, European Society of Endocrinology

## CEO & Treasurer



**Dr. Vinaytosh Mishra**  
B.Tec (IIT BHU), MBA, CDICT John Hopkins Uni,  
Diabetes Educator (IDF)  
CEO, Panacea Hospital, Varanasi.

## Cardiabcon Uttarakhand Chapter Office Bearer



**Dr. Minakshi Dhar**  
Organising Chairperson

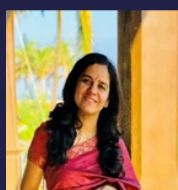


**Dr. Ravi Kant**  
Organising Secretary



**Dr. Mukesh Bairwa**  
Co-Organising Secretary

## Scientific Committee



**Dr. Monika  
Pathania**



**Dr. Venkatesh  
S. Pai**



**Dr. P.K. Panda**



**Dr. Anirudh  
Mukherjee**

# Uttarakhand Cardiabcon in Association with Cardio-Diabetic Society Digital Conference, 30<sup>th</sup> August 2020

<b>8:30-9:00 AM</b>	<b>Inauguration</b>
<b>9:00-10:00 AM</b>	<b>Post Graduate E-poster Presentation</b>

**Chairpersons:**  
**Dr. Kriti Joshi, Dr. Venkatesh S. Pai, Dr. Ravi Kant, Prof. Sanjeev Kishore, Dr. Reshma Kaushik**

<b>10:00-10:20 AM</b>	Practice changing landmark trials in diabetes in 2019	Dr. Sanjay Kalra
<b>10:20-10:40 AM</b>	GLP-1 and SGLT2 inhibitor synergistic combination of OHA	Dr. Ashutosh Mishra

**Chairpersons:**  
**Dr. Kapil Sharma, Dr. Arvind Kumar, Prof. Surekha Kishore, Dr. Borchom, Dr. Naveen Rajput**

<b>10:40-11:00 AM</b>	Insulin or SGLTR antagonist in diabetic patients with CAD	For Insulin Dr. Jasjeet Wasir
<b>11:00-11:20 AM</b>	Rebuttal in last 5 mins	For SGLTR Dr. Ravindra Shukla AIIMS Jodhpur

**Chairpersons:**  
**Dr. Niyaz Ahmed, Dr. Deepak Gautam, Dr. Ravindra Shukla, Dr. Puneet Sadana, Dr. Anirudh Mukherjee**

<b>11:20- 11:40 AM</b>	Care of Cardio-diabetes during COVID-19 Pandemic	Prof. Surekha Kishore
<b>11:40-12:00 AM</b>	CHF in elderly- Challenges in early diagnosis and management	Dr. Meenakshi Dhar

**Chairpersons:**  
**Dr. Kalyani, Dr. Mukesh Bairwa, Dr. Jalis Fatima, Dr. Anissa Atif Mirza, Dr. Nitin Bansal**

<b>12:00-12:20 PM</b>	Endocrinology of fatty tissues in T2DM and its relationship with male hypogonadism	Dr. Jayant Kr.Panda
<b>12:20-12:40 PM</b>	Metabolic Bone disease and diabetes mellitus : When and how to work up?	Dr. Sanjay Bhadada PGIMER
<b>12:40-1:00 PM</b>	Secondary diabetes: A case based discussion?	Dr. Pramila Kalra

**Chairpersons:**  
**Dr. Bela Goyal, Dr. Tanuj Bhatia, Dr. Vikram Singh, Dr. Minakshi Dhar, Dr. Amit Verma**

<b>1:00-1:20 PM</b>	Ultrapure Dialysate and Online HDF	Dr. Ashish Sharma
<b>1:20-1:40 PM</b>	Haemodialysis in Diabetic kidney diseases : A year before or a day later than indication ?	Dr. D. Bhowmik AIIMS Delhi
<b>1:40-2:00 PM</b>	Post-transplant Diabetes Mellitus: Approach and Management	Dr. Ashish Parekh Nephrologist, Bangalore
<b>2:00-2:20 PM</b>	Strain echocardiography in diabetic patients : use and abuse of its diagnostic potential .	Dr. Barun Kumar AIIMS Rishikesh

**Chairpersons:**  
**Dr. Sunita Mittal, Dr. Yogendra Singh, Dr. Monika Pathania, Dr. Mahendra Singh Gehlot,  
 Dr. Satyendra Sonkar**

<b>2:20-2:40 PM</b>	PCSK 9 inhibitors in CAD patients : Can it replace statins ?	Dr. Rohit manoj Kumar PGIMER
<b>2:40-3:00 PM</b>	Advances in heart failure management.	Dr. Pallavi Mishra

**Chairpersons:**  
**Dr. Himanshu Reddy, Prof. Manoj Kumar, Dr. Manisha Naithani, Dr. PK Panda, Dr. Alok Kumar**

<b>3:00-3:20 PM</b>	Weight loss in real life : How to achieve the goal?	Dr. Ravi kant AIIMS Rishikesh
<b>3:20-4:00 PM</b>	Choosing the right insulin during Covid-19  For long acting insulin  For Short acting Insulin	Dr. Kriti Joshi ,  Dr. Vijay Patni
<b>4:00-4:30 PM</b>	Winners for the Paper Presentation	