

Virtual Academic Meet

10th Annual National ConferenceTheme:

Translating Research into Clinical Practice

Date: 10 To 14 March - 2021



Educational Partner Panacea Institute of Interdisciplinary Research & Education

Address: B - 36/44, B-4 Kabir Nagar, Durgakund, Varanasi Website: cardiabcon.com

Email id: cardiabcon2017@gmail.com For any query contact: 9554572190/9453837595





Mentor



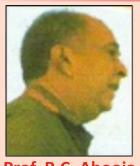
Prof. Anoop Misra
President, National Diabetes
Obesity & Cholesterol
Foundation (N-DOC, Fortis C-DOC,
Chirag Enclave, New Delhi



Prof. J.K. Agrawal
MD, DM (Endocrinology)
FAMS, Ex. Prof. IMS BHU



Dr Sarita Bajaj
MD (Medicine), DM (Endo.)
Head Dept. of Medicine
MLN Medical College, Allahabad



Prof. R.C. Ahooja

MD (Medicine)

Ex. Head Dept. of Medicine

KGMU, Lucknow



Prof. K.K. Tripathi
MD. DM (Nephro) IMS, BHU
Ex. HOD, Dept. of Medicine
IMS, BHU

Chief Adviser



Dr. Aloke Kr. Gupta
MD (Med.)
Consultant Diabetologist
Gorakhpur



Dr. Anuj Maheshwari
MD, FICP, FACP, FACE, FRCP (London)
Fellow of American College of Endocrinology.
Prof. & Head, Dept. of Med. BBD Univ. LKO



Dr. N.S. VermaMD, Prof. Dept. of Physiology,
KGMC Lucknow



Dr. Banshi SabooMD, FIACM, FICN, FACE,
MNAMS(Diabetes)

Program Director



Dr. Ritesh Gupta
MD, Sr. Consultant
Diabetology and Endocrinology
C-Doc Fortis Hospital, New Delhi



Dr. Jasjeet S. Wasir
MD, Sr. Consultant
Diabetologist
Medanta Medicity, Gurgaon



Dr. Pramila Kalara MD, DM (Endo) Prof. Endo. M.S. Ramaiah Medical College Bangalore



MD, Sr. Dibetologist & Physician Director Delhi Diabetes Center New Delhi



Dr. Abhijeet Chatterjee
MD,DM, Dip Card
Sr. Cardiac Consultant, Kolkata

Organising Chairman



Dr. Pallavi Mishra

MD, Consultant Diabeto- Cardiologist, M.Sc Cardiology, South Wales, U.K Panacea Hospital, VNS, Asso. Prof. PIIRE, VNS



Dr. Ashutosh Mishra

MD, Fellow. in Diabetes (DFID), CMC Vellore. M.Sc Endocrinology, South Wales, U.K Consultant Endocrinologist Panacea Hospital, VNS Asso. Prof. PHRE, VNS





Dr. Vinaytosh Mishra

B.Tech (IIT BHU), MBA, CDICT John Hopkins Uni, Diabetes Educator (IDF) CEO, Panacea Hospital, Varanasi



International Faculties



10thAnnual National Conference

Date: 10 To 14 March - 2021



Dr. Arti Bhan, MD.FACE

Division Head Endocrinology, Diabetes, Bone & Mineral Disorders Whitehouse Chair in Endocrinology Henry Ford Health System, USA





Dr. Malini Gupta
MD, ECNU, FACE
Director of G2Endo
Endocrinology &
Metabolism, Memphis



MBBS, MSc, MRCP, FRCPath, PhD Consultant in diabetes and metabolic medicine at Imperial College Healthcare, London

Honorary Research
Fellow at Imperial College London.



Dr. A.B.M. Kamrul Hasan
MBBS, MD (EM)
Asst. Prof. & Head, Department
of Endocrinology
Mymensingh Medical College
Mymensing, Bangladesh.



Dr. Martha Gulati
MD MS FACC FAHA FASPC FESC
Prof. of Medicine & Chief of Cardiology
University of Arizona.

Ankur Kalra MD, FACP, FACC, FSCAI

Asso. Prof. of Medicine, Cleveland Clinic Lerner College of Medicine
Medical Director of Clinical Research
Section of Regional Cardiovascular Medicine
Heart, Vascular, and Thoracic Institute
Cleveland Clinic, Ohio





Dr. Anuj Maheshwari
MD, FICP, FACP, FACE, FRCP (London)

MD, FICP, FACP, FACE, FRCP (London)
Fellow of American College of Endocrinology.
Prof. & Head, Dept. of Med. BBD Univ. LKO



Dr. Ashutosh Mishra

MD, Fellow. in Diabetes (DFID), CMC Vellore.
M.Sc Endocrinology, South Wales, U.K
Consultant Endocrinologist Panacea Hospital, VNS
Asso. Prof. PHRE, VNS



Dr. Jasjeet S. Wasir

Associate Director
Division of Endocrinology & Diabetes,
Medanata The Medicity.



Dr. Pallavi Mishra

MD, M.Sc Cardiology, South Wales, U.K Consultant Diabeto- Cardiologist, Panacea Hospital, VNS, Asso. Prof. PHRE, VNS



Dr. N.S. Verma

MD, Prof. Dept. of Physiology, KGMC Lucknow



Dr. Magesh Tiwaskar

MD, FICP, FGSI Specialist in Diabetes & Cardiology, Mumbai



Dr. Ritesh Gupta

Additional Director
Fortis CDOC Hospital, New Delhi



Dr. Banshi Shaboo

MD, FIACM, FICN, FACE, MNAMS(Diabetes)



Dr. K.K. Tripathi

MD. DM (Nephro) IMS, BHU Ex. HOD, Dept. of Medicine IMS, BHU



Dr. Nitin Kapoor

MBBS, MD(Med), DM(Endo),
ABBM (USA), Asso. Prof. Dept. of
Endocrinology, Diabetes and Metabolism,
Christian Medical College, Vellore







Dr. Bijay Patni
MD, Sr. Diabetologist & Physician,
HOD, Diabetes Wellness Clinic, Kolkata.



Dr. Jayashree Gopal
Diplomate of the American Board in Internal
Medicine, Endocrinology and Diabetes
Sr. Consultant Endocrinologist & Diabetologist,
Apollo Hospital, Chennai



Dr. Aloke Gupta
MD (Med.)
Consultant Diabetologist Gorakhpur



Dr. Sunil Kr. Kota

MD - General Medicine,

DNB (Endocrinology)

Consultant Endocrinologist, Visakhapatnam.



Dr. Tejal Lathia

Consultant Endocrinologist
Fortis, Apollo, MGM &
Cloud Nine Hospitals,
Navi Mumbai



Dr. V.K. Jagnani

MBBS, Dip Card, Dip Diabetes.

Consultant Diabetologist and Cardiologist.



Dr. Jayanta Ku. Panda
M.D. (Internal Medicine)
FACP (USA), FICP, FIMAMS,
FRSSDI, Fellow Diabetes India



Dr. N.K. Singh

MD, FICE

Consultant Cardiologist & Diabetologist

Diabetes & Heart Research Center, Dhanbad.



Dr. Vinaytosh Mishra
B.Tech(IIT BHU) MBA, CDIT
John Hopkins Uni. Diabetes Educator
(IDF)Asst. Prof. Fore School of
Management, Delhi



Dr. Dilip Kumar

MD, DM(Card)

Consultant Interventional Cardiologist

Chief Academic Co-ordinator,

Medica Superspecialty Hospital, Kolkata







Dr. Abhijeet Chatterjee MD, DM, Dip Card Sr. Cardiac Consultant, Kolkata



Dr. Hemant Gopal
Prof. & Head
Dept. of Diabetology, Metabolic
Diseases, and Immunology,
AIMSR, Bhatinda.



Dr. Ravikant
Asso. Prof. Dept of Medicine
AIIMS Rishikesh



Dr. Dharmendra Jain
MD, DM(Card), Prof. & HOD
Dept. of Cardiology,
IMS BHU, Varanasi



Dr. Anil Kr. Virmani
MD, DRM, FICP, FIACM, FACP, FDI
Consultant Physician and
Cardio-Diabetologist
Jamshedpur, Jharkhand



Dr. Jimit Vadgama

MBBS, MD - General Medicine,

Diploma in Diabetology (Mumbai University)

Sr. Consultant Diabetologist, Surat.



Dr. M Shafi Kuchay
MD, DM (Endocrinology)
Senior Consultant,
Division Of Endocrinology and Diabetes,
Medanta-The Medicity,



Dr. Smitha Bhatt
MD, Prof. Dept. of Medicine Father Muller
Medical College, Mangalore



Dr. Pramila Kalra
MD, DM, FACE, MAMS
Prof. & Consultant
Endocrinologist, M.S. Ramaiah
Medical College, Bangalore



Dr. Alpesh Goyal
MD (Medicine), DM (Endo.)
Asst.Prof. Department of Endocrinology &
Metabolism, AIIMS, New Delhi.

Expanding Horizons in Cardio - Diabetes & Renal Care 2021





Dr. Alok Kumar Singh

MD, DM (Cardio), IAFSCAI (USA),

AICT (Korea)

Consultant Cardiologist, Varanasi



Dr. Vinod Mittal

MD, Sr. Diabetologist & Physician,
Director, Delhi Diabetes Center, New Delhi.



Dr. Aashish Parekh
MD, DM(Nephro)
Consultant Nephrologist,
Fortis Hospital, Bangalore



Dr. Visay Naik

MD, MRCP (LONDON),

PG DIP. ENDOCRINOLOGY &

DIABETES (UK)



Prof. Deepak. K. Jumani
Prof. Deepak K jumani Senior Sexual
Health Physician & Counselor
Sir JJ Group if Hosp. & Grant
Medical College, Mumbai



Dr. Subhash Kumar
MD, Fellowship in Diabetes Director
Diabetes & Obesity Care Centre Patna



Dr. Nirendra K Rai

MBBS, MD, DM, FINR
Additional Professor
Department of Neurology, AIIMS, Bhopal



Dr. BM. Makkar

MD, FIAMS, FICP, FRCP. FACP, FACE
Diabetologist & Bariatric Physician

Course Director - Cleveland Clinic Advanced
Certificate Courses in Diabetes in India.



Dr. Sachin Chittawar

MD (General Medicine),

DM (Endocrinology)

Consultant, Endocrinologist, Bhopal.



Dr. Purvi Chawla
Consultant Diabetologist & Director
Clinical Research,
Lina Diabetes Care, Mumbai







Dr. Rakesh GuptaChief. Coordinator
JROP Institute, Delhi



Dr. Ripin Gupta
MD, DM, Cardiology
Fellowship in Interventional
Cardiology



Dr. Ajay Kr. Pandey
MD from IMS BHU and DM
from KGMC Lucknow



Dr. Sunil kr. Gupta
MBBS, MD
Consultant Diabetologist
Nagpur



Dr. Manish Sinha
MD, DM (Neurology)
Consultant Neurologist, New Delhi



Dr. Brij Mohan
MD, FICP, FIACM,
F DIABETES INDIA
Consultant Diabetologist, Kanpur





Date: 10 To 14 March - 2021

Translating Research into Clinical Practice Date:10.03.2021, (Wednesday)

Session 1(5:30 PM - 7:00 PM)

- 1. Implication of CAN in Cardio diabetes & renal patients. Dr. Ruchi Siingh
- 2. Clusters of Prediabetes and its implication in the prevention of diabetes and its complications. Dr. Anil Kr. Virmani
- 3. Artificial intelligence in cardiac imaging in heart failure and COVID. Dr. Vinaytosh Mishra.

Session 2 (7:00 PM - 08:30 PM)

- 1. Management of CKD patient in cardio embolic Strokes. Dr. Nirendra Rai
- 2. Role of SGLT-2i in Heart Failure. Dr. Alok Singh
- 3. Make Waist Circumference a vital sign in Cardio-Metabolic Renal Disease.

Dr. Ravi Kant

Session 3 (8.30 PM - 10:00 PM)

- 1. Medical Therapy is as good as surgical therapy in vitreous hemorrhage and PDR Dr. Santosh Verma.
- 2. Cardio Vascular effect of a Phosphodiesterase inhibitor. Dr. Jimit Vadgama
- 3. Exercise in cardio diabetes and renal illness. Dr. V. K.Jagnani





Date: 10 To 14 March - 2021

Date:11.03.2021 (Thursday) Session 1(05:30 PM - 7:00 PM)

1. Biomarker based risk prediction of incident heart failure in pre-diabetes and diabetes(hs-cTnT, NT-pro-BNP, and ECG):- How to personalize SGLT-2i.

Dr. Subash Kumar

Prof. Nihal Thomas oration

- 2. COVID -19 and Diabetes: Pathophysiology and treatment. Dr. Arti Bhan
- 3. Clustering of T2DM and its therapeutic implications? Dr. Anuj Maheshwari
- **4.** 100 Year of insulin: Overcoming Indian Realities of Diabetes Management & iDegAsp. **Dr. Ashutosh Mishra**

Session 2 (7:00 PM - 08:30 PM)

- 1. Dapagliflozin in non-diabetic HF and CKD. Dr. Banshi Saboo
- 2. Recent advancement in Type 2 DM with NASH. Dr. Jasjeet S Wasir
- **3.** Sotagliflozin in scuttle decompensated HF (WHF) and CKD patients.

Dr. Bijay Patni

Session 3 (8:30 PM - 10:00 PM)

Prof. J.K. Agrawal Oration

SGLT-2i and cardiovascular outcome. Dr. Ankur Kalra

1. Ketone supplementations in the treatment of hyperglycemia and obesity?.

Dr. Smitha Bhat

2. Secondary Prevention in cardiac event in ASCVD & PAD patients.

Dr. Pallavi Mishra





Date: 10 To 14 March - 2021

Date:12.03.2021 (Friday) Session 1(5:30 PM - 7:00 PM)

- 1. Newer treatment option of HFrEF: whom and when (ARNI, SGLT-2i, vericigaut and omecamtiv). Dr. Abhijeet Chaterjee
- 2. Brain Insulin Resistance in Alzheimer's Disease: The Mountain to climb.

Dr. Manish Sinha

3. Precaution before prescribing SGLT 2i: Make haste slowly? (SGLT-2i in GNRI, Euglycemic Diabetic Ketoacidosis and severe insulin deficient patients.)

Dr. Sachin Chittawar

Session 2 (7:00 PM - 08:30 PM)

- 1. Gut Microbial metabolite in obesity & NAFLD & T2DM. Dr. Sunil Kr. Kota
- **2.** Renal Hemodynamics and SGLT-2i: How it changes with the co-presence of CCB, Thiazide, ACEi or ARB, Loop diuretics, GLP-1 RA, and Endothelin Receptor Antagonist(ERAS)? **Dr. N. S. Verma**
- 3. Visceral adiposity matters in women with HFpEF Dr. Nitin Kapoor

Session 3 (8:30 PM - 10:00 PM) Prof. K.K.Tripathi Oration

MASALA study, discussing South Asian heart health and diabetes.

Dr. Malini Gupta

- 1. Reversal of Type 2 Diabetes. Dr. Vismay Naik
- 2. Which one is a better agent for renal protection in DKD GLP-IRA or SGLT-2i? Dr. Aloke Gupta





Date: 10 To 14 March - 2021 Date: 13.03.2021 (Saturday)

Session 1 (05:30 PM - 7:00PM)

1. Psoriasis: An inflammatory model for Cardio-Metabolic Disease.

Dr. Hemant Gopal

- 2. Role of other OAD in era of SGLT-2 inhibitors. Dr. Brij Mohan
- 3. Women and Heart Disease: How does of woman's heart differ from a man's?

Dr. Martha Gulati

4. How to stratify T2DM patients for PCSK-9i therapy. **Dr. Dilip Kumar.**

Session 2 (07:00PM - 08:30PM)

Sponsored Session

Session 3 (08:30 PM - 10:00PM)

Prof. Anoop Mishra Oration

Diagnosis & Management of LADA. Dr. Shivani Mishra

- **1.** SGLT-2i and GLP-1: A Synergetic combination in early as well as late phase of Type 2DM. **Dr. Ashutosh Mishra**
- 2. Monoclonal antibody in COVID & Type 2DM. Dr. Mangesh Tiwaskar
- 3. Cardiovascular disease & sexual health. Dr. Deepak Jumani





Date: 10 To 14 March - 2021

Date: 14.03.2021 (Sunday)

Session 1 (08:30AM - 10:00AM)

1. ESC/EAS 2019 guideline for the management of Dyslipidemia.

Dr. N.K.Singh

- 2. Recent Advancement in Interventional Cardiology. Dr. Ripin Gupta
- 3. DIABESITY. Dr. B.M. Makkar

Session 2 (10:00 AM - 11:30 AM)

- 1. Subclinical hypothyroidism in cardiovascular disease:-It's time to revise the treatment strategy..

 Dr. Pramila Kalra
- 2. Diabetes in Pregnancy. Dr. Alpesh Goyal.
- 3. Mechanism of Action of Metformin: Focus on Gut" Dr. Ritesh Gupta

Dr. Sarita Bajaj Oration

Metabolic derangements in PCOS Dr. ABM Kamrul Hassan

Luch Break (1:30 PM - 02:00 PM)

Session 4 (02:00 PM - 03:30 PM)

- 1. Metabolic associated fatty liver disease in people with diabetes: what physicians need to know". Dr. Shafi Kuchay
- 2. TIR-The New Matric in preventing complications in Diabetes. Dr. Purvi Chawla
- 3. Effect of SGLT-2i on central cardiac hemodynamic in HFrEF. Dr. Sunil Kr. Gupta.

Session 5 (03:30 PM - 05:00 PM)

- 1. Sweet Spot in Diabetes: Hypoglycemia and CVS implications. Dr. Manish Kushe
- 2. Low carbs diet in diabetes and insulin resistance. Dr. Jayashree Gopal
- 3. Management of Diabetic Nephropathy. Dr. Aashish Parikh

